



12 March 2021

Dear Parent/Carer

Personal, Social, Health & Citizenship Education (PSHCE)

After a successful first week of in school lessons for Year 7, we are writing to confirm the PSHCE programme of study for the remainder of the academic year, as outlined below. We are aware that some of our students missed key statutory components of the PSHCE curriculum, during the first period of lockdown, at their respective primary school. Therefore, we have incorporated these elements into our plan for the next term to ensure that all students have participated in these statutory elements before the end of the academic year.

Year 7 PSHCE Programme of Study

Unit	Outline
Growing Up & Puberty (6 weeks)	<ol style="list-style-type: none"> 1. Physical and emotional changes during puberty 2. Personal Hygiene 3. Healthy diet and exercise 4. Consent 5. The power of the media 6. Debate: 'The development of the internet has been beneficial to adolescents when growing up and during puberty.'
Relationships and Sex Education (RSE) Workshop	
Friendships, Family Life & Relationships (6 weeks)	<ol style="list-style-type: none"> 1. Different types of relationships 2. Conflict in relationships 3. What is prejudice? 4. Managing my social media presence 5. Debate: 'Social media can be extremely beneficial for creating, maintaining and promoting healthy and successful relationships, with friends as well as family.'

While we believe that the topics covered here are important to the ongoing education of our students, parents/carers do have the right to withdraw their child/ren from elements of the sex education curriculum in Year 7. If you have any concerns about this, or questions about the curriculum plans outlined above, please do not hesitate to contact me.

Yours sincerely
Miss M Canessa
Deputy Head of Year 7
mcanessa@rosebery.surrey.sch.uk

Head of School: Mr D Lach BA (Hons) NPQH Executive Headteacher: Ms R Allen MA NPQH

 GLF Schools trading as Rosebery School is a charitable company limited by guarantee registered in England and Wales. Registered number: 07551959

