



# Rosebery School Sixth Form

**Friday 17 July**

Dear all,

If last week was for reflection, then let our final newsletter of the year be about looking forward. The world of education we return to will be different to normal come September, but then it always is!

Our Year 11s will have joined us to start their Sixth Form journey and will be busily preparing themselves for the complexity of Key Stage 5 study. Year 12 will become our wise elderstatespeople in the student body as Year 13. And our outgoing Year 13 will be preparing for university or the best next steps for them.

We will all return to a world full of complex problems and issues to overcome. Above and beyond the difficulties around learning. COVID-19 will still be a thing. Gender and racial equality will still need action to change stigma and culture. All alongside our specific focus around pastoral care. How to continue to provide ourselves with mechanisms to maintain the best mental health and wellbeing and how to give every member of the Sixth Form the confidence to shine their lights brightly for the benefit of all.

But the complexity and size of the task our Sixth Form students may face does not intimidate me. Because I have seen you work. I have seen you; talk, interact, plan, overcome fears, provide for those in need, work and learn. I am dazzled by the lights you shine, even if you cannot see it for yourselves. You are, or will become, the army of thinkers this world needs. You will learn to never stop questioning the opinions and decisions made by yourselves and by others. You will be able to understand that certainty is the enemy of progress as much as fear, and self-doubt. You will strive to jump into the pits your friends find themselves in and create a culture of empathy. You will not be scared that you will get stuck down there too, because you'll bring the ladder to get everyone out!

As thinkers you will understand your best decisions can be wrong, but you will be swift to apologise and less swift to judge. You won't be afraid of learning, you will derive joy from deepening your understanding of the world. You will create a culture in the world that does not ridicule knowledge, or those that you feel are knowledgeable. You will use them to learn more through listening and discussion.

But most of all you will think about yourselves. You will learn to recognise what can be controlled and what cannot. What you have the power to change and what you do not. You will learn to be kind to yourselves. From there, you will learn to recognise the light you have to shine in this world and you will shine it so that we all may see more clearly.

If you don't believe me, or do not believe this is possible or that you are not there?

It is only because you are not there... yet.

Make the most of the summer break and look after yourselves.

Mr Phillips



**Rosebery School Sixth Form**

## General notices

### Year 13

- Please make sure you have read all your emails from Miss Allison and respond accordingly.
- The Yearbooks are in!! So will be available when you are next in.
- Please read the email I sent out this week carefully so that you are fully informed of actions and options on results day.
- Also make sure you have seen the letter that went to parents about results day and timings etc.

### Year 12

- I'm going to sort the website we created so that UCAS and work expectations are clear so although no action will be required please have a look at it before September and don't forget all the other resources around HE that have gone out.
- Do keep asking questions and personal statements via email, I will get back to you when I can.

## Careers and HE Resource from Mrs Keaveney

### Girl's Talk Construction Webinar

The Girl's Talk Construction webinar, hosted by Parkeray, is taking place on Monday. Attached to this newsletter is the supporting information for the webinar as promised. It includes an introduction to the construction industry, information about the panel and a direct link to the webinar. This is a great opportunity especially for students interested in architecture, engineering, design and subcontracting.

Proposed date: Monday 20 July 2020, 10:00am – 10:45am

Location: Zoom

Please click the link below to join the webinar, Password: 498335

<https://zoom.us/j/94681886004?pwd=bGxEcTFnN1ZOeHlvWUJ2b3RkeFE0dz09>

### IGD Feeding Britain's Future Summer Virtual Work Experience Programme Year 12 & 13 Students

Would you like to join the IGD Feeding Britain's Future summer virtual work experience programme and boost your skills? Meet with industry professionals to hear their stories, ask their advice and pitch them your ideas. Choose a masterclass from either Marketing & Sales, Engineering or IT and Digital.

- Interactive livestreams featuring guest speakers throughout the week.
- Everyone joins Monday and Friday morning sessions.
- Choose a Masterclass that interests you on Tuesday, Wednesday or Thursday.
- Take on a project with guidance from industry experts.
- Get personalised feedback, certificate, develop your skills & add to your CV or personal statement.

The programme runs from 17 – 21 August, from 10:30 – 12:00. For more details please see the flyer attached to this newsletter. Click on this link to apply:

[https://docs.google.com/forms/d/15eCPvvSC5cMY84BwjcdyzSFcx3IDXpWLK9rP1Gllpy0/viewform?edit\\_requested=true](https://docs.google.com/forms/d/15eCPvvSC5cMY84BwjcdyzSFcx3IDXpWLK9rP1Gllpy0/viewform?edit_requested=true)

### Keep Doing Good with NCS

Many of you will have heard of National Citizen Service (NCS) in assemblies and some of you may have even signed up. Due to COVID-19 this year the programme is a little different than usual but there will still be a two week programme available throughout August for all Year 11 and Year 12 students under the age of 18 to sign up to and is totally free. This summer programme is called 'Keep Doing Good'.

The NCS are following all Government guidelines with regards to COVID-19 to ensure that the programme is safe for all. NCS this summer will be delivered across August in the local community, where young people will work in teams guided by NCS staff to 'Keep Doing Good'.

**Week 1** will give you the opportunity to develop new skills such as leadership, team building, presentation skills and the ability to plan your own social action project. This will include workshops and activity sessions.

**Week 2** will allow you to create and carry out your very own social action and volunteering projects. Helping the community where it needs it the most.

**What are the benefits:**

- It's free
- The chance to make new friends
- To learn new skills that can be used for work and further education
- To enhance your CV/personal statement
- The chance to make a difference
- To get your voice heard
- In your local area
- Build on your future
- Volunteer to help others

To find out more and register visit <https://wearencs.com/keep-doing-good>

**Results Day Webinars**

To support Year 13 students this results day, UK University Search have teamed up with a range of universities from across the UK to offer a series of results day webinars. All these webinars are completely free of charge, and different universities will be featured every day with advice for students about predicted grades, Results Day and Clearing. Each webinar will also feature a live Q&A session so students can ask any questions they have directly to universities and receive a response.

Monday 10 August: Predicted Grades - Everything you Need to Know

Tuesday 11 August: Results Day Guide

Wednesday 12 August: Clearing, Adjustment and Deferrals

They recommend you sign up for each webinar you are interested in as soon as possible to secure your place. For more information and to sign up visit:

<https://www.ukuniversitysearch.com/blog/post/webinar-wednesdays>

**What Career Live? & What University Live?**

What Career Live? & What University Live? will be taking place as a virtual event on 7 and 8 August. The virtual event will be a highly engaging online experience, replicating the physical event format. Students will be able to speak to universities and companies to get all the information they need to decide about their future.

Registrations are capped to ensure everyone can get access to the advice they need on the day, so students in Year 11, Year 12 and Year 13 need to register for your individual log in details by 31 July to access the online event platform. The link is [bit.ly/WNVirtual](https://bit.ly/WNVirtual) or <https://registration.n200.com/survey/1xb8g3dqvptvp> Once registered students will receive their login details via email closer to the event.

**Scrubbed-Up**

A group of budding medical students from the University of Manchester, have recently started a website called Scrubbed-Up ([scrubbed-up.com](https://www.scrubbed-up.com)). The website is targeted at prospective medical students from Year 11 and above.

<https://www.scrubbed-up.com/>

**Allied Health Professions**

'I See the Difference' has set up career webinars for over the summer which include Allied Health Professional specific webinars for Podiatry, Therapeutic radiography, Prosthetics and orthotics, and Orthoptics. The webinars include:

- Introduction to Allied Health Therapies
- Discovering Podiatry Webinar
- Discovering Therapeutic Radiography Webinar
- Discovering Prosthetics & Orthotics Webinar
- Discovering Orthoptics Webinar
- Creating a Back-up Plan to Medicine
- A Parent & Carer's Guide to the Allied Health Professions

Further details can be found at:

<https://iseethedifference.co.uk/join-us-for-our-summer-webinar-series-register-for-free/>

### **Useful Resources**

The Medical School Council has issued guidance on gaining work experience to study medicine during Covid-19.

<https://www.medschools.ac.uk/media/2636/guidance-on-gaining-relevant-experience-for-studying-medicine-in-the-time-of-covid-19.pdf>

'Observe GP' is an alternative to work experience for aspiring medics aged 16 and over, who are living in the UK. It is a free interactive video platform providing insights into the role of a GP and the wider primary care team.

<https://www.rcgp.org.uk/training-exams/discover-general-practice/observe-gp.aspx>

Brighton and Sussex medical virtual work experience link tells you all about the platform and provides a link to register.

<https://www.themedicportal.com/blog/bsms-virtual-work-experience-all-you-need-to-know/>

Allied Health Therapies – Use virtual reality to experience a day in the life of an allied health professional working in the NHS <https://hee-vr360.azurewebsites.net/>

### **Meducators**

Meducators UK ([www.meducators.co.uk](http://www.meducators.co.uk)) are setting up some more free webinars for prospective medical, dental, and veterinary students. These will be chaired by senior medical, dental and veterinary students as well as qualified dentists, veterinary surgeons, and doctors. This is the link to the form for students to fill out and express their interest <https://forms.gle/WbPTkqsYiLnwoBXY7>

## Links and resources:

Sixth Form Site <https://sites.google.com/rosebery.surrey.sch.uk/sixth-form-against-corona/home>

Joe Wickes PE lesson - <https://www.youtube.com/thebodycoachtv>

### Mental wellbeing

How to protect your mental health

<https://www.bbc.co.uk/news/health-51873799>

Stephen Fry helping with Anxiety

<https://www.bbc.co.uk/news/av/uk-51995797/coronavirus-stephen-fry-s-take-on-managing-anxiety>

Young minds for parents and young people

<https://youngminds.org.uk>

### Supplies

If you are struggling to get out or delivery slots then these may be of use

<https://www.joinfoodchain.com>

Chocolate!!

<https://www.cadburygiftsdirect.co.uk>

Veg boxes

[www.hilliards.co.uk](http://www.hilliards.co.uk)

<https://freshconnectuk.com>

Food Bank

<https://epsomewell.foodbank.org.uk>

Government information on the current situation

<https://www.gov.uk/coronavirus>