



# Rosebery School Sixth Form

## Friday 16 July

Dear all

At the end of the year I always want things to be finished. To be able to console myself that, as the office door closes, the to do list is done. I don't know why I even try to entertain this ridiculous possibility. But the same is true of the task ahead of all of us. We are never finished, and we are never done. That is good.

We have spent the year pastorally, trying to focus our attention on discrimination, and we have started that journey. The response to the England men's football team got so close to being fabulous, and then people chose to be racist. Whilst there is a glimmer of light in the unanimous response against those that chose to voice prejudice, it demonstrates the need to continue, with vigour, our discussion and education of our community. Next year I hope that we will continue to highlight and educate ourselves on where discrimination exists. What we can do, whether directly affected or not, in reducing and removing it.

This is just one thing in store for us! Alongside being humans and members of wider society, we are also a school, and a sixth form. Our core business remains learning, and preparation for qualifications. So, regardless of the noise, our role is to support everyone to become the best learners they can be.

When the learning is hard, the hours needed to succeed long, the energy required to sustain ourselves is high, where can we possibly find the help we need? In my opinion, it is all around us, every day. It comes in many forms, inadequately described in English by just a single word. Love.

In order to learn, you need to be open to change. Learning is a physical process that requires neurones to fire together and wire together. The hormone oxytocin, produced and released in our bodies, affects neuronal connections in our brains, making new connections easier to form or more likely to be able to form. It loosens old memories, old learning that needs to be superseded. And when is oxytocin most likely to be released? When we feel secure, emotionally healthy, and well. When we are shown compassion by those around us, and when we are willing to feel good about ourselves. When we let love into our lives.

- We are able to love our subjects – to just throw ourselves into learning about things we find that intrinsically motivate us, and to not be embarrassed by it
- We are able to love those around us – this is the greatest source of all in many ways and manifests itself in the wonderful friendships you share
- We are able to go home and let ourselves be loved and love our families – we can choose to remember that the support at home is not because someone is 'not good enough' but because you are on the same team, with the same goals
- We are able to go into our communities and ensure that love keeps us respectful and mindful of the needs of others with whom we do not share our lives – you deserve this in return, and it is something that we are all allies in improving

I am not so naïve that I write this trying to say it is easy, nor that we all share some glorious existence with no troubles. Many of you are victims of sexist behaviours, some of you are victims of racist behaviour, or unacceptable options voiced about sexuality and gender. Some of you have to cope with bereavement or difficulties that impact on your home.



But then it is not that we should lower the bar for you, but that those around you should know when you need more help and more support. Because we are all in this together. This is our go round.

So, the most important love we need to fuel and nurture, is a love for ourselves.

Because as Hecato of Rhodes said,

“I will reveal to you a love potion, without medicine, without herbs, without any witch's magic; if you want to be loved, then love.”

None of this is possible unless you back yourselves and you are willing to give love. Not to be something that you are not, not to think that you are better than others, but to believe that you can try.

And when you slip and trip along the way, we will all be here for each other. Because in the words of Seneca, two thousand years from the past,

“...everything you see, which encompasses  
divine and human affairs,  
is one; we are members of one large  
body. Nature bore us related to  
one another ... She instilled in  
us a mutual love and made us compatible  
... Let us hold everything  
in common; we stem from  
a common source. Our fellowship  
is very similar to an arch of stones,  
which would fall apart, if they did  
not reciprocally support each other...”

We are never going to do this alone. So, go and have a fabulous break from school. Whether we see you on a results day, at our evening celebrations, on induction day or the first day back on Monday 6 September.

We are Rosebery

#kindnesswins

Until we meet again.

Mr Phillips

## General Notices

The Student Hub are delighted to welcome Circe Jackson into Rosebery School from 14 September.

Circe Jackson is a CBT Therapist who works for Mind Matters and will be available for Sixth Form Students over the age of 17 to self-refer. Circe will also be providing a drop-in clinic during the day for any queries you may have about possible support.

If you would like to find out more about the service or would like support with a referral, please ask Mrs Jenns in Student Support or one of the Sixth Form team.

### Year 13

#### Celebration Evening

We have confirmed details of our celebration evening event for Thursday 2 September. Last chance to get your ticket on parentpay!

#### Results Day

I know you've all had the official letter so nothing to add apart from that there will be friendly faces to greet you in the morning. Obviously, we'll also be here to support if needed. One thing I want to emphasise is how useful it is to have checked UCAS before you come. This is doubly important this year as it appears the 'embargo' is very similar for school and UCAS. This just means that UCAS may not be allowed to update placement on courses until 8:30am. So please keep checking. Whilst this doesn't change your results, it does mean you have an idea of whether you'll need help and advice, it can also help your mental health and wellbeing in terms of when you choose to arrive.

Just a reminder of the link to all the documentation on the school website around results day

<https://roseberyschool.co.uk/information/exam-results/>

As you leave Rosebery School and embark on the next stage of your career journey you are automatically part of our Rosebery Alumni. We would love you to engage with us on our successful and ever-growing LinkedIn network.



<https://www.linkedin.com/in/rosebery-school-connects-39847b89>

A volunteering opportunity has arisen for some Year 13 students to help support a team of staff to run the Rosebery Lateral Flow Test Centre. The dates you will be required on will be either 31 August or 1<sup>st</sup> September which will be the training day, and then on 2, 3, 6<sup>th</sup> and 7<sup>th</sup> September 2021.

If you could register your interest with Mrs Keaveney at [fkeaveney@rosebery.surrey.sch.uk](mailto:fkeaveney@rosebery.surrey.sch.uk) she will get back to you with further details.

## **Year 12**

### **Year 12 End of Year Stats! – From Miss Allison**

Unlike at the end of terms earlier in the year we did not meet all together to celebrate how awesome you are, but I know you will all be keen to know how amazing we were in the last term, and importantly, how we compared to Year 13!

So....

### **Achievement**

#### **Since September**

- This year you have been awarded 3,867 achievement points!
- The form group with the highest number of achievement points is 12A 847

#### **This term**

- This term you have been awarded 555 achievement points
- The form group with the highest number of achievement points is 12A with 153

#### **Individual achievement points**

- In first place with 68 achievement points – Ophelia
- In second place with 57 – Lila
- In third place with 55 – Sophie

Congratulations to you all on an absolutely fabulous year. I know it has been a tough one but your resilience and determination has been inspiring. I hope you all have a restful summer break and I will see you in September!

### **Message from Miss Nejad**

I knew our journey wasn't coming to an end! I am so excited to work with you all again next year, your final year at Rosebery! I wish you all a wonderful summer holiday, please rest, have fun, make memories, and come back ready to smash it. If anyone is interested in a job in an after-school club at St Joseph's school, they are looking. Please email me and I will pass on details. See you in September! #PVO #BESTLIFE

### **WEX**

I hope you all had a good week. If you have had any good experience that would be worth us knowing about, please get in touch with Mrs Keaveney

### **What should I be doing? – From Mr Phillips**

- Resting, but try not to lose some sort of routine. It can take weeks to make a healthy diurnal routine that helps your learning but only a few days to break it, so try to shy away from shifting to an unhealthy and unhappy pattern of bed at 3:00am and not getting up until lunch...
- Reflecting, on what successes you have had during Year 12. There have been many. Some outlined by Miss Allison, but it is not just about surviving everything, it is about thriving and achieving your best. Some of you will have had your matriculation feedback and be very aware of where you need to help yourselves to consolidate learning. You also need to spend time thinking about your steps after next year. I will repeat that you don't 'need to be certain' about courses and universities but if you haven't thought about it, how can your parents, peers and the school support you?

- Have you completed Unifrog searches?
  - Have you signed into and started your UCAS application?
  - Have you started looking at individual university courses?
  - Do you know what modules are taught – each course can be wildly different – and how much is compulsory vs your choice?
  - Have you looked at apprenticeships?
  - Have you looked at your targeted grades vs your projected grades, and do you have some courses that are the same as your projected, as well as the same as your targets, and finally some that are a grade above those targets?
- Doing something about those thoughts? You have seven weeks before you come back in September. That's 1176 hours... give a third over to sleep and you're left with 788 hours of wakefulness, of that time awake give 80% to fun, family and 'fundraising' (working). That's 630 hours all to yourselves. You still have 158 hours left. Give yourselves 20% of that for reflection on your best next steps (31.6 hours is plenty of time for UniFrog!) and you STILL HAVE 126 HOURS in which you can do school work. Imagine if you actually did that... you have a year of knowledge to go over, reinforce, reflect on and I'm confident many of you will use the summer well. However, there is a reason I put the hours in the order I did. There is time for everything, if only we use it well.

### **First day back – when Year 12 become Year 13**

Monday 6 September – 8:30 for a full day.

Any details around COVID and testing will be sent separately

## **Year 11**

### **Results Day**

Your parents will have received a letter about results day. I know that a number of you are wondering about enrolment if you are away. We have attached the process of diagrams for both 'in person' and 'absent' enrolment for you to look at.

As with Year 13 below is the link to the place on the school website with all the detailed information.

<https://roseberyschool.co.uk/information/exam-results/>

### **New Year 12 Induction day**

This is on Friday 3 September starting from 10:00am. All of you hoping to join Rosebery Sixth Form will be expected on that day. Mrs Boundy and the tutors have put together a great day to inform and enthuse you all on your journey into Key Stage 5. Not to mention how awesome it will be for you to buddy up and look after the Year 7 for lunch time.

You will need to bring:

Your Year 11 badge if you have it (this will be upgraded once we have new photos of you and will give you access to use the entrance gates), picnic lunch, pen and bag.

## Careers and HE Resources from Mrs Keaveney

### Doctors Live Interactive Virtual Medical Experience Summer Programmes

#### How to save a life interactive seminar – Free online on Thursday 29 July, 6pm - 8pm

In this session they will teach the principles of life support. How healthcare professionals assess and treat unwell patients. They will also go through some interactive scenarios. The session is delivered by fully qualified medical doctors.

Registration is free – [https://us02web.zoom.us/webinar/register/WN\\_w-R4ECJfTmu6hY68OY2oVA](https://us02web.zoom.us/webinar/register/WN_w-R4ECJfTmu6hY68OY2oVA)

#### \*NEW\* Medicine Live – interactive virtual clinic – Paid online on Saturday 21 August, 10am – 5pm

1. An insight into the training medical doctors undertake.
2. A day in the life of a medic.
3. Live examination demo – students will receive their own stethoscope via post and learn how to examine different body systems.
4. Live virtual clinic. Follow along as we go step by step on how doctors take histories, interpret blood results, ECGs and scans.
5. A chance to interact and speak with practising medical doctors

They aim to make the courses as interactive as possible to give students a real taste of what it is like to be a doctor and to be in the clinic room using the latest innovative virtual technology. Students will also get a chance to learn how to examine the human body with their own stethoscope.

Registration - <https://doctorslive.co.uk/medicinelive>

#### Surgery Live – interactive virtual operating theatre – Paid online on Saturday 25 September, 10am – 5pm

1. A glimpse into the day to day life of a surgeon.
2. Solving real life surgical cases including history taking and anonymised scans.
3. Live virtual operations - showing step by step how common surgeries are carried out.
4. Learning how to suture with a live follow-along demo (students will be sent their own suturing kit, the same ones used by medical students and doctors).
5. A chance for students to interact with practising NHS surgeons and doctors.

Registration - <https://doctorslive.co.uk/surgerylive/>

### The University of Law Real World Questions

The University of Law have launched their Real World Questions Essay Competition for 2021 and you could be in with a chance of winning £1000 cash, an excellent work experience placement, a Windows laptop and a meeting with their Director of Employability. This summer essay project is for students in Years 11-13.

Reasons to take part:

- Develop key study skills for future study (Researching, referencing and essay writing)
- Support and enhance your current study (subject area and EPQ)
- Strengthen your Personal Statement and CV

The questions you can choose from this year are:

- How do businesses stay positive in uncertain times?
- Will COVID-19 change the way lawyers work in the future?
- Does the UK justice system protect the public?

For more information and to take part please visit <https://realworldquestions.com/>

### **University Clearing 2021**

Clearing is a UCAS service that allows universities to fill spaces on courses that aren't yet full, while students without offers are given a second chance to pursue their higher education aspirations.

Please visit the following links for more information:

<https://www.ucas.com/clearing-launch>

<https://www.ucas.com/undergraduate/results-confirmation-and-clearing/what-clearing>

<https://www.thecompleteuniversityguide.co.uk/clearing>

<https://www.prospects.ac.uk/applying-for-university/getting-into-university/university-clearing>

### **Epsom Hospital Work experience**

Epsom Hospital have arranged a virtual work experience week for medical, surgical and some nursing specialities, which they will host during the week of the 16 to 20 August 2021. This will be open to students aged 16+ across their catchment area and will consist of five days' worth of interactive sessions, which will give these students an insight into medicine for them to be more prepared for medical school applications.

Attached to this newsletter is a copy of their poster which includes a QR code that will take students straight to the website and the application form.

### **Wilson's Recruitment Evening 2021**

Wilson's are holding a recruitment evening in August 2021 for year 12 and above students. They offer a range of paid work-based trainee programmes for school leavers who are about to start their career journey. This will take place on Wednesday 18 August from 6pm – 8pm at the Hyundai showroom in Epsom.

Please see the flyer attached to this newsletter for more information.

### **University Videos and Webinars**

Bookings are now open for the next UniTasterDays Live university guidance webinar on Wednesday 4 August from 6pm. This is a clearing and results day special and will feature speakers from five universities in Wales. It follows previous live events where they explored university opportunities in the Midlands and London (recordings are still available). You can also search thousands of events on the UniTasterDays search directory.

Their university guidance video hub will be a great resource during the summer break. Students can watch over 100 university guidance videos in one place. They are always impartial and delivered by experts at universities UK wide. Now with a new keyword search! Browse them all using the On Demand webinar platform.

### **NCS – Message for Year 11 & Year 12 Students**

The NCS have launched a refer a friend scheme where each young person who has expressed an interest in NCS will be sent a unique code. This code can be passed onto friends, who can then enter the code into the referral code box on the website sign up page. For every referral made who turns up on the programme, they will both be sent a £10 Amazon voucher! There is no limit to the number of voucher codes a referrer can earn.